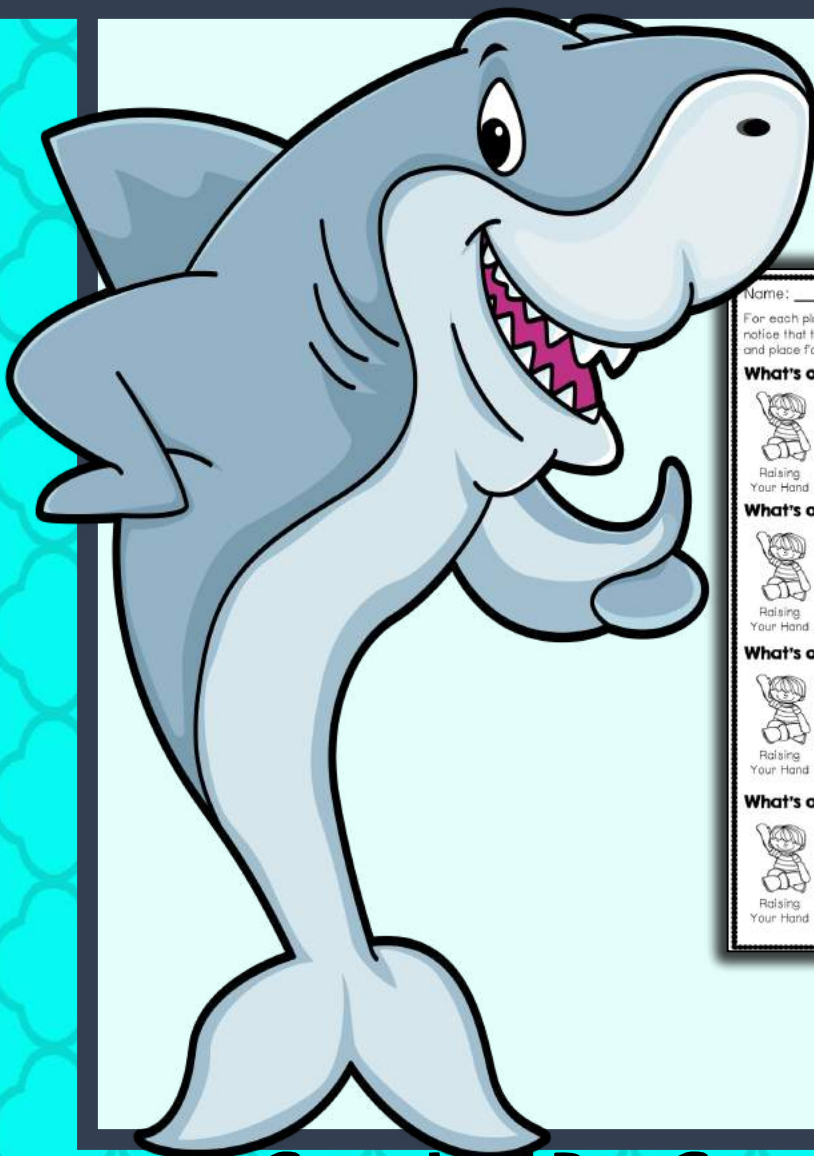


Self Control Book Companion

CLARK THE SHARK



Self Control Rhyme Time Topper

Name: _____ **What's Okay? Where?**

For each place listed below, circle or color in the behaviors that are okay. You'll notice that the behaviors that are okay change based on the setting. There's a time and place for everything!

What's okay in the classroom?



Raising Your Hand

What's okay



Raising Your Hand

What's okay



Raising Your Hand

What's okay



Raising Your Hand

Name: _____ **How My Friends Feel: Cut & Paste**

Directions: Cut out the squares at the bottom of the page and decide if those actions make your friends feel mad or glad!

Things That Make My Friends Feel Glad!



Things That Make My Friends Feel Mad!



I You accidentally kick your friend's chair.	I You ask before you give your friend a hug.	I You bump into your friend in the hallway.
I You cut in front of your friend in line.	I You raise your hand to talk in class.	I You keep your work in your own space.
I You use your own pencil for your work.	I You talk during work time.	I You don't wait your turn for the tablet.
I You play by the rules at recess.	I You sit too close to your friend in class.	I You keep your hands to yourself in class.

Created By: CounselorChelsey

Thank You!

Thank you so much for purchasing this product! Please remember to leave feedback, as it helps you get credit toward future purchases and helps me to continue making high quality products.

About CounselorChelsey:

Hello! I am a licensed social worker with experience as a school based counselor, working in a mentorship program for teens, and am now a curriculum developer. My favorite part of my work has always been developing high quality resources for students to use. Since becoming a curriculum developer, I have loved being able to impact thousands of classrooms around the world!

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Credits For Fonts and Graphics:

<https://www.teacherspayteachers.com/Store/Hello-Literacy>

<https://www.teacherspayteachers.com/Store/Littlered>

<https://www.teacherspayteachers.com/Store/The-Candy-Class>

<https://www.teacherspayteachers.com/Store/Prettygrafik>

<https://www.teacherspayteachers.com/Store/Miss-Ps-Place>

<https://www.teacherspayteachers.com/Store/Kimberly-Geswein-Fonts>

<https://www.teacherspayteachers.com/Store/Amanda-Pauley>

Objectives:

- Students will develop rhymes to help them with self control in four different settings.
- Students will consider how their choices make others feel.
- Students will identify when certain behaviors are okay, and when they are not.

What's Included:

This resource includes 3 activities based on the book Clark The Shark by Bruce Hale. Each activity focuses on self control using the themes of the book.

- P. 4-5: "Self Control Rhyme Time" Flip book directions
- P. 6-8: "Self Control Rhyme Time" Flip book in color and black and white
- P. 9: "How My Friends Feel" Cut & Paste
- P. 10: "What's Okay? Where?" Worksheet
- P. 11: "The rule is to stay cool!" Worksheet
- P. 12: Photos of completed samples

How To Use:

- These activities can be used in conjunction with the book Clark The Shark by Bruce Hale. However, these activities can also be used without the book.
- They are great for individual, small group or classroom lessons and can also be used as centers/stations.

“Self Control Rhyme Time” Flip Book

Directions

1. Cut out the rectangular outline of the flip book.
2. Cut on the three, horizontal, solid lines between the text to make four flaps, stopping at the dotted line.
3. Place glue on the back of the flip book, to the left of the dotted line, and attach the flip book to an interactive notebook or onto a separate piece of paper. The flip book should be glued down to the left of the dotted line, but you should be able to lift the flaps up.
4. Fold each flap at the dotted line to make it easier to lift.
5. Under each flap, have students write 1-2 rhymes to help them remember to have self control in that setting. Sample rhymes are included below. See page 5 for photo directions.

Hallway Rhymes:

“When I’m in the hall, don’t touch the wall.”

“When others are walking, don’t be talking.”

Lunch:

“I’ll stay in my seat so I can eat.”

“Keep my hands on my own food, then my friends will be in a good mood.”

Classroom:

“Keep my bottom on the floor so I won’t wiggle any more.”

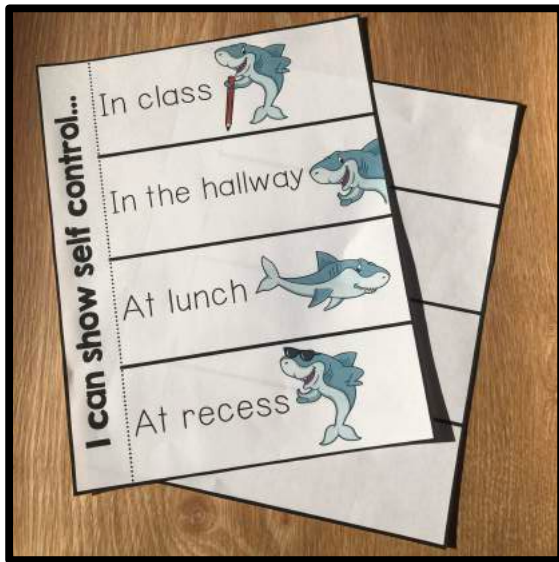
“When I’m in lesson still, my hands are chill.”

At recess:

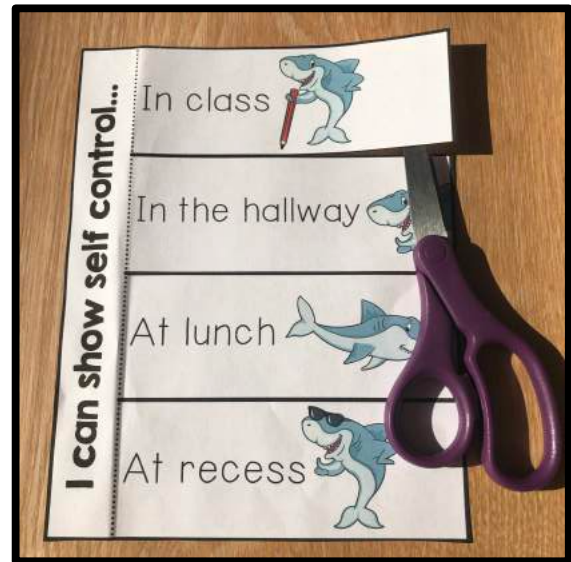
“If I play nice with my friend, then they’ll let me play again.”

“Follow all the rules, they say – then I’ll have fun every day!”

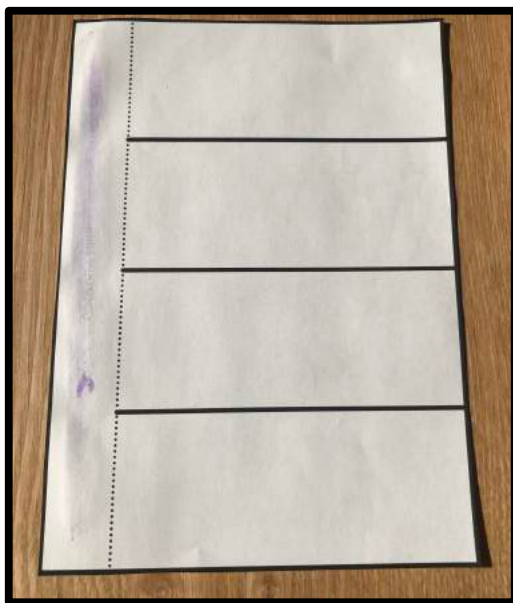
Photo Directions



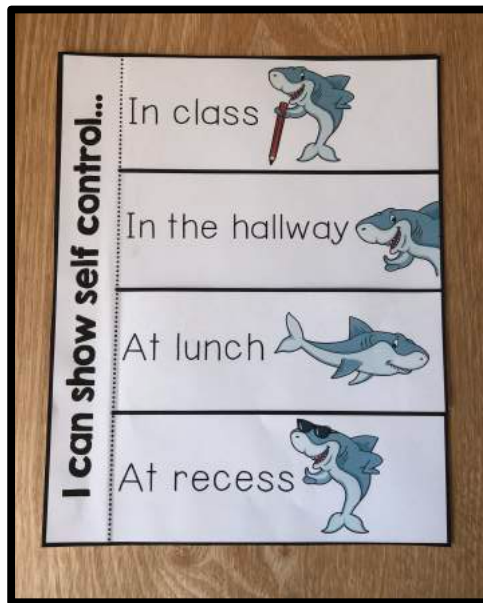
1. Cut out the topper and the base page.



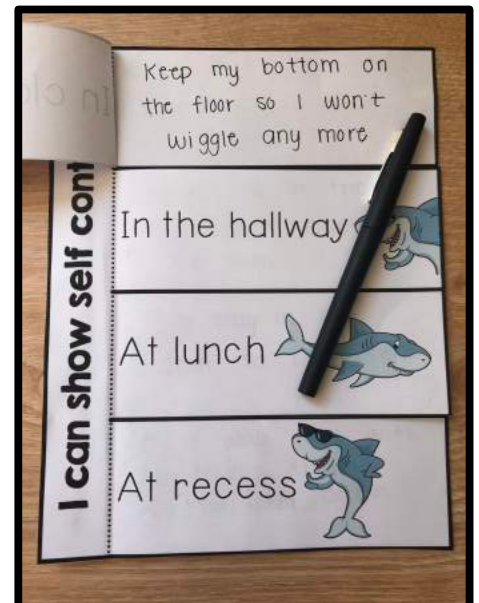
2. On the topper, cut the horizontal lines, stopping at the dotted line.



3. On the base sheet, place glue to the left of the dotted line.



4. Attach the topper on top of the base sheet.

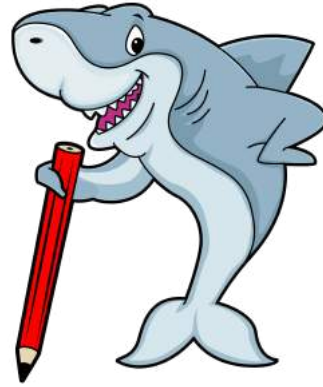


5. Lift up each flap and write the rhyme in the space under the flap.

Self Control Rhyme Time Topper

I can show self control...

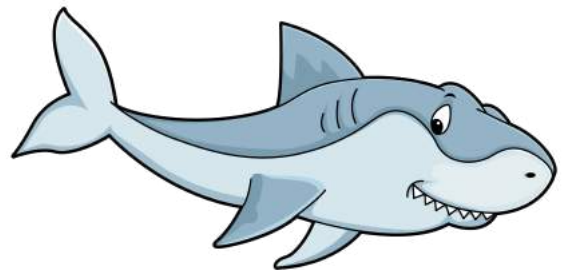
In class



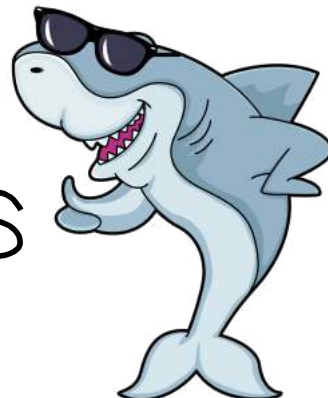
In the hallway



At lunch



At recess



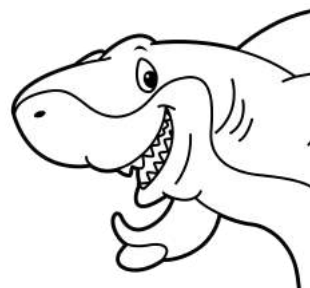
Self Control Rhyme Time Topper

I can show self control...

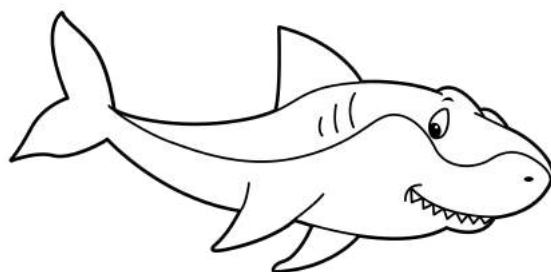
In class



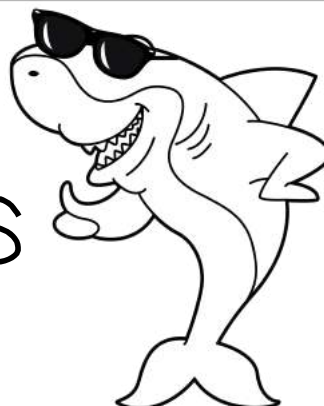
In the hallway



At lunch



At recess



Self Control Rhyme Time Base

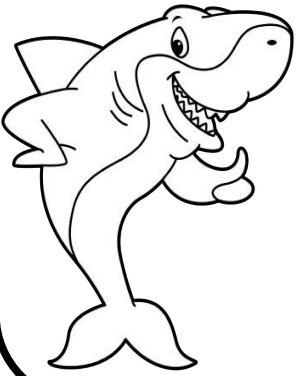
Place Glue Here	

Name: _____

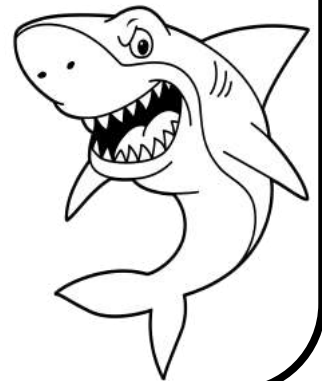
How My Friends Feel: Cut & Paste

Directions: Cut out the squares at the bottom of the page and decide if those actions make your friends feel mad or glad!

Things That Make My Friends Feel Glad!



Things That Make My Friends Feel Mad!



You accidentally kick
your friend's chair.

You cut in front of
your friend in line.

You use your own
pencil for your work.

You play by the rules at
recess.

You ask before you
give your friend a hug.

You raise your hand to
talk in class.

You talk during work
time.

You sit too close to
your friend in class.

You bump into your
friend in the hallway.

You keep your work in
your own space.

You don't wait your
turn for the tablet.

You keep your hands to
yourself in class.

Name: _____

What's Okay? Where?

For each place listed below, circle or color in the behaviors that are okay. You'll notice that the behaviors that are okay change based on the setting. There's a time and place for everything!

What's okay in the classroom?



Raising
Your Hand



Walking



Running



Not
Talking



Eating



Dancing



Sleeping

What's okay at recess?



Raising
Your Hand



Walking



Running



Not
Talking



Eating



Dancing



Sleeping

What's okay at lunch?



Raising
Your Hand



Walking



Running



Not
Talking



Eating



Dancing



Sleeping

What's okay at home?



Raising
Your Hand



Walking



Running



Not
Talking



Eating



Dancing



Sleeping

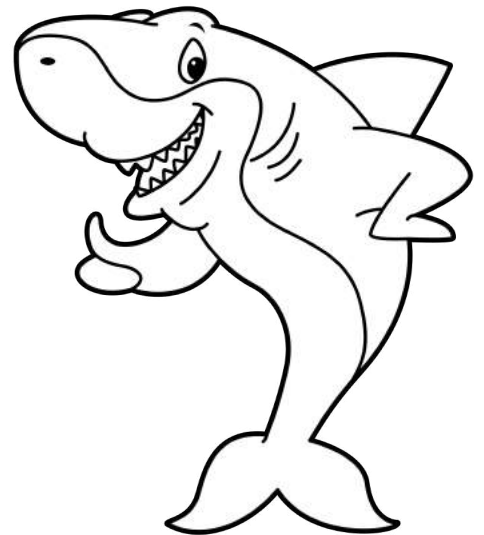
Name: _____

The rule is to stay cool!

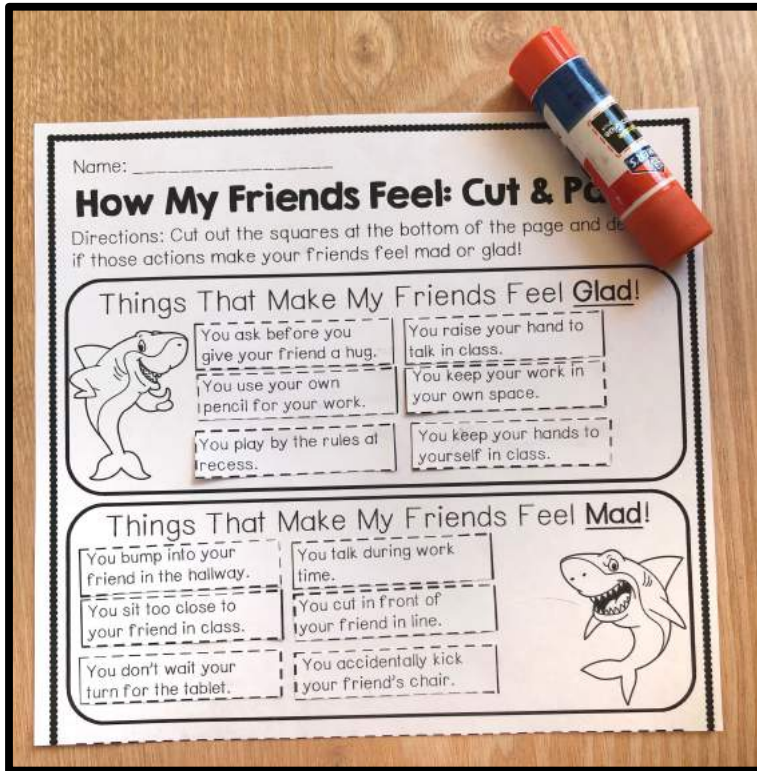
Here is a picture of me staying cool in the classroom:

Here is a picture of me staying cool at recess:

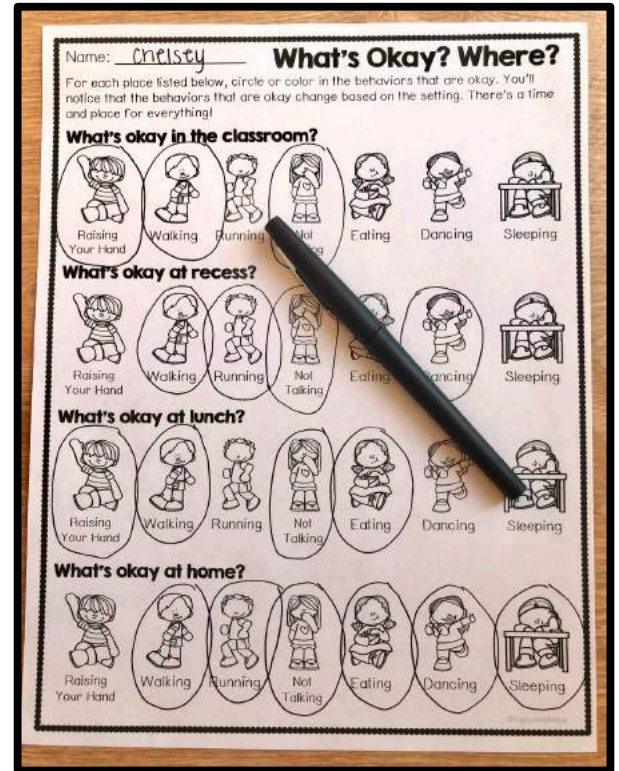
Here is a picture of me staying cool at lunch:



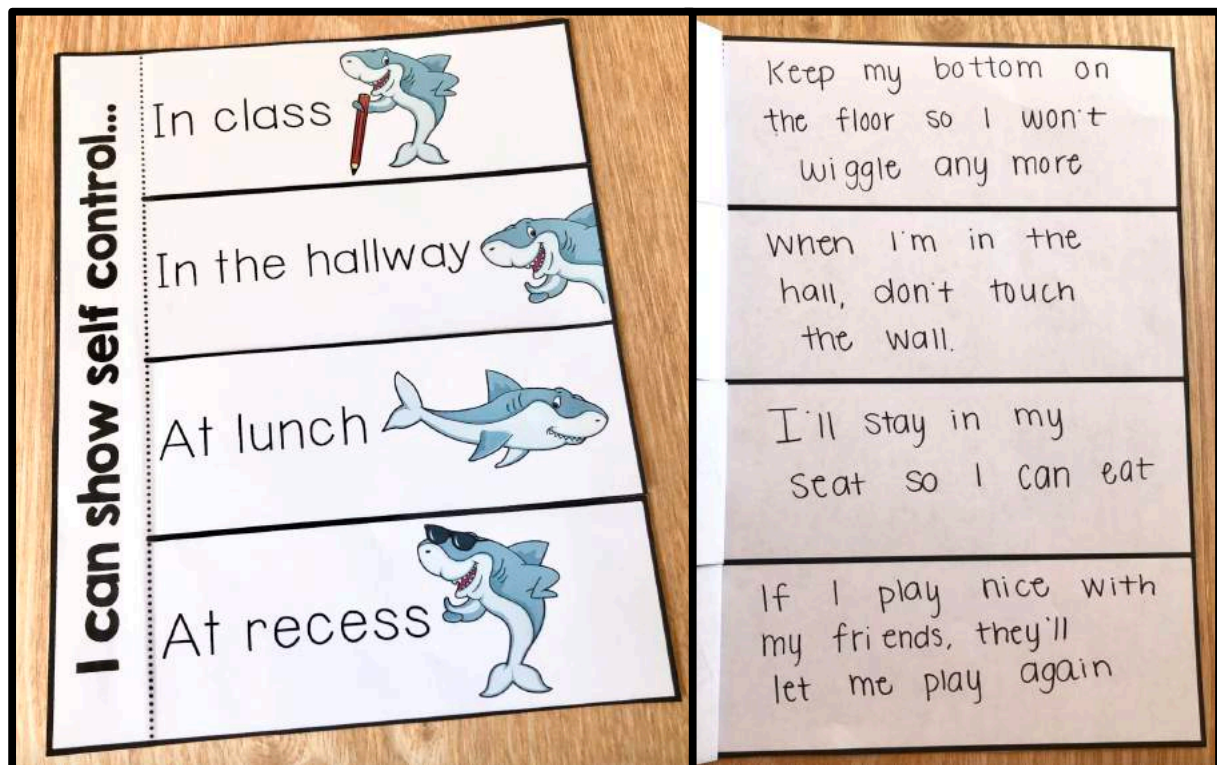
Photos Of Completed Samples



Cut & Paste Activity



"What's Okay? Where?"
Worksheet



"Self Control Rhyme Time" Flip Book

TEACHING SELF CONTROL?

TRY THIS LESSON!

This lesson plan will help your students learn strategies to stay on task and avoid distractions in the classroom!

Students will also understand how being distracted impacts the quality of their work. It is great for students who get easily distracted or have ADHD.



SEE IT HERE: [HTTP://BIT.LY/ONTASKLESSON](http://bit.ly/ontasklesson)