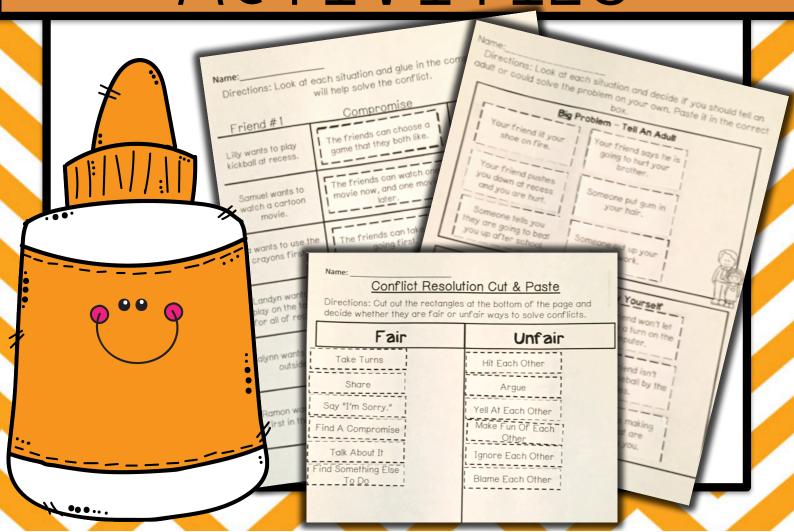
# Conflict Resolution

# CUT & PASTE ACTIVITIES



### Thank You!

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#### **About CounselorChelsey:**

Hello! I am a licensed social worker with experience as a school based counselor, working in a mentorship program for teens, and am now a curriculum developer. My favorite part of my work has always been developing high quality resources for students to use. Since becoming a curriculum developer, I have loved being able to impact thousands of classrooms around the world!

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#### **Objectives:**

- Students will learn what a compromise is and how to make effective compromises.
- Students will differentiate between appropriate ways to solve conflict and inappropriate ways to solve conflict.
- Students will identify I-statements that they can use to solve conflicts.
- Students will learn which conflicts they can solve by themselves and which conflicts require telling an adult.

#### What's Included:

P. 4: "Fair Or Unfair" Conflict Resolution Cut & Paste

P. 5-6: "Finding A Compromise" Cut & Paste

P. 7-8: "Using I-Statements" Cut & Paste

P. 9-10: "To Tell Or Not To Tell" Cut & Paste

P. 11: Answer Key/Photos Of Completed Samples

#### **Ideas For Use:**

- In conflict resolution small groups or lessons
- In bullying prevention small groups or lessons
- In friendship skills small groups or lessons
- With individuals, small groups or whole groups
- With students who have repeatedly struggled with conflict

Name:			nelsey	
Conflict	Resolut	tion Cut	t & Paste	
Directions: Cut out the rectangles at the bottom of the page and decide whether they are fair or unfair ways to solve conflicts.				
Fair	Fair		Unfair	
Take Turns	Arg	gue	Hit Each Other	
Make Fun Of Each Other	Share		Yell At Each Other	
Ignore Each Other	Find A Compromise		Say "I'm Sorry"	
Find Something Else To Do	Blame Ea	ich Other	Talk About It	

Name:			

#### Finding A Compromise Cut & Paste

Conflict, or disagreement, is a normal part of friendships! It is okay to disagree, but it is important that we handle our disagreements with respect and kindness! One great way to solve conflicts is by making a compromise, or a deal. In a compromise, each person gets a little bit of what they want.

To help you understand what a compromise is and how it helps solve problems, complete this cut and paste activity. On the next page, you will find 6 situations where two friends are having a hard time agreeing. You will need to look at what each person wants, and then find the right compromise on this page. Once you have found the compromise that will help solve the problem, cut out the box below and glue it in the middle box for that conflict.

The friends can play rock, paper, scissors to see who should go first.

The friends can choose a game that they both like.

The friends can take turns going first.

The friends can watch one movie now, and one movie later.

The friends can each play for half of the recess time.

The friends can take turns choosing an activity.

Name:				
Finding A Compromise Cut & Paste  Directions: Look at each situation and glue in the compromise that will help solve the conflict.				
Friend #I	Compromise	Friend #2		
Lilly wants to play kickball at recess.		Johna wants to play soccer at recess.		
Samuel wants to watch a cartoon movie.		Ryan wants to watch an action movie.		
Mia wants to use the crayons first.		Rylee wants to use the crayons first.		
Landyn wants to play on the tablet for all of recess.		Conner wants to play on the tablet for all of recess.		
Jalynn wants to play outside.		Sidney wants to watch TV.		
Ramon wants to go first in the game.		Leo wants to go first in the game.		

Name:			

## **Using I-Statements**

One way to solve conflicts is by talking about how you feel with the person or people involved. One helpful way to do this is by staying calm and using I-statements. I-statements are clear and direct, but do not blame or accuse the other person involved. Look at the chart below to see how to make an I-statement.

## I feel \_\_\_\_\_ When you \_\_\_\_\_ I want

**Directions**: Look at these I-statements and match them to the correct problems on the next page.

I feel sad when you won't let me play with you. I want to find something that we can do together.

I feel angry when you ruin my things. I want you to respect my things and leave them alone.

I feel frustrated when you won't move. I want you to sit somewhere else.

I feel annoyed when you talk during class. I want you to be quiet during the lesson.

I feel sad when you call me names. I want you to speak kindly to me.

I feel frustrated when you don't leave any brownies for me. I want you to make sure I get one next time.

I feel sad when you say mean things about my friends. I want you to speak kindly about them.

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Name:	tatement Cut & Paste
•	ne problems below, and decide ld use to solve the problem.
Problem	I-Statement
Your friend wouldn't let you play on her soccer team.	
Your friend colored on your shoe.	
Someone sat in your seat on the bus and wouldn't move.	
The girl who sits next to you won't stop talking.	
Someone in your class called you stupid.	
Your friend took two brownies and there wasn't enough for you to have one.	
One of your friends said something mean about another one of your friends.	

Name:		the Is e.y
To Tell O	r Not To Tell: Cu	rt & Paste
•	or disagreements, with oures, this is okay, and even ve the problem ourselves!	,
•	problem, you should try to vhere everyone is safe, ar	
where someone is sick o	need to tell an adult. Big p r hurt, there is an emerger e a long time to solve the p	ncy like a fire or
rectangles below. Detern	ether or not you should tell nine whether or not you wo lue them into the correct b	ould need to tell an adult
Someone cut up your school work.	Your friend is chewing gum in class, which is against the rules.	Your friend won't let you have a turn on the computer.
Someone tells you they are going to beat you up after school.	Someone took your game without asking.	Your friend lit your shoe on fire.
Your friend isn't playing baseball by the rules.	Your friend pushed you down at recess and you are hurt.	Someone cut in front of you in line.
Someone is making	Your friend says he is	

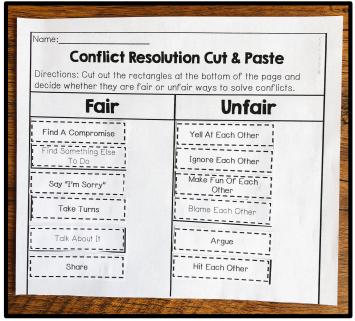
Someone is making noises that are bothering you.

Your friend says he is going to hurt your brother.

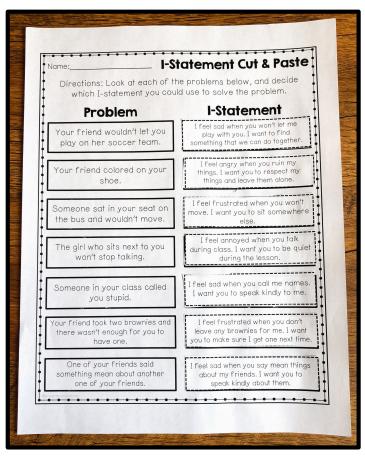
Someone put gum in your hair.

Name:_		
	ctions: Look at each situation and decide if you shor could solve the problem on your own. Paste it in topics.	
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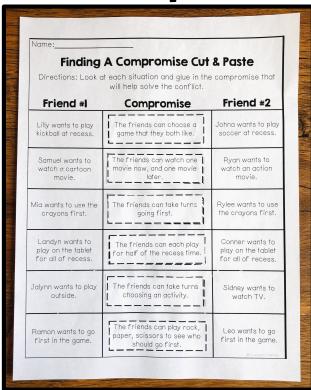
# Answer Key and Photos Of Completed Samples



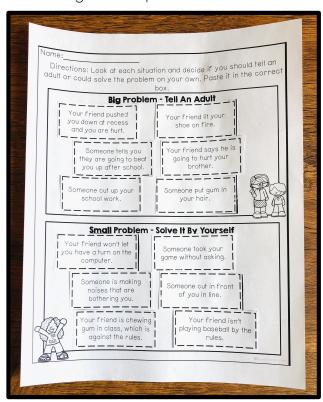
"Fair or Unfair" Cut & Paste



"Using I Statements" Cut & Paste



"Finding A Compromise" Cut & Paste



"To Tell Or Not To Tell" Cut & Paste